

SPOKE

Conestoga College, Kitchener

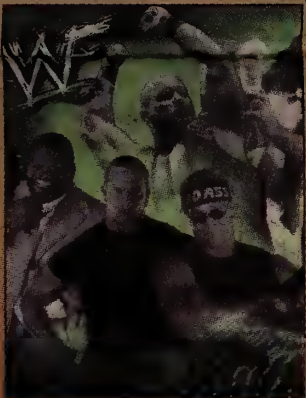
NOVEMBER 22, 1999

What's Inside



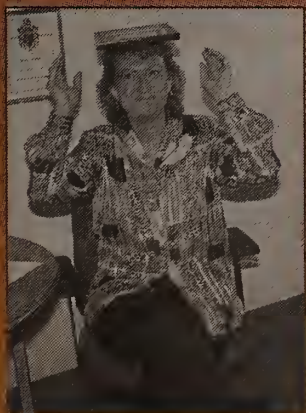
Conestoga student receives scholarship.

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Can you smell what this CD is cooking?

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Canada denies
Innu their rights

Week begins with a bang

Car wreck promotes Alcohol Awareness Week

By Walerian Czarnecki

It looked like someone drove into one of the pillars that supports the recreation centre ramp, but it was a staged accident to increase awareness about the dangers of drinking and driving.

The front corner of the car on the driver's side is smashed. The front passenger door stands open revealing a case of beer on the passenger seat. Beer bottles are strewn about inside and outside the vehicle.

It was a different way to kick off Alcohol Awareness Week, which the DSA tries to promote every year, said Kim Kroeker, the promotions assistant for the DSA.

"We thought that people can see the effects of drinking and driving, instead of saying that people get into accidents," said Kroeker. "By making it look like someone got into an accident, it hits home a little more."

Becker Brother Towing donated the car. The DSA was referred to the company by the Waterloo Regional police. The towing company saw it was for a good



Kim Kroeker, promotions assistant for the DSA, sits in the car that kicked off Alcohol Awareness Week at Doon.

(Photo by Walerian Czarnecki)

cause and donated it, said Kroeker.

When setting up the car, there were limitations on how much damage could be inflicted on the vehicle, as the towing company

might still want parts, said Kroeker.

"We weren't allowed to roll it or do anything like that," she said.

Kroeker said that the car did

catch people's attention.

"Everyone looks at it, whether they know what it is, or don't know what it is," said Kroeker. "But many people have talked about it."

Five new programs approved by college

By Phil Wright

Conestoga's board of governors gave the green light to five proposed programs at its meeting on Oct. 25.

The programs approved by the board are registered nursing re-entry, registered practical nursing re-entry, English advantage, home child care and technology marketing.

Although Conestoga's board

Though ministry approval of the proposed programs is not automatic, support is generally common.

*John Sawicki,
Conestoga's manager of
public relations*

has approved the programs, they must receive final approval by the Ministry of Training, Colleges and Universities.

The re-entry programs, to be offered at Doon campus, are both part time and 274 hours in length, said Karen Vanderkruk of Conestoga's department of planning and international education.

These two programs, offered by the school of health sciences and community services, are designed to assist those returning to clinical practice after a prolonged absence.

Home child care is a third program proposed by health sciences and community services.

A 32-week program, home child care is a certificate program

Conestoga College

technical employees with marketing and business orientation.

Knowledge of marketing concepts and planning frameworks as well as knowledge of best practices in the technology industry will also be provided.

The fifth program, English advantage, is a one-semester program to be offered at Doon campus.

The program is designed for advanced English as a second language students who wish to improve their fluency in English.

The courses in this program are designed to provide advanced English learners with the opportunity to practise communication skills in an appropriate context.

Though ministry approval of the proposed programs is not automatic, support is generally common, said Conestoga's manager of public relations John Sawicki.

that provides an educational opportunity to those interested in gaining post-secondary training to work in a home-based setting with children, said Vanderkruk.

The program, to be offered at Doon campus, provides introductory level courses that would benefit an entry-level home child-care provider.

Conestoga's school of business proposed technology marketing as a post-graduate certificate program.

According to information filed in the program's application, the 192-hour program will provide

Massacre commemoration in place

By Tannis Fenton

The Women's Resource Group finalized plans for the observation of the Montreal Massacre's 10th anniversary at their November

meeting in the blue cafeteria. A commemoration will honour the 14 women who were killed by Marc Lepine on Dec. 6, 1989 at the University of Montreal's Ecole Polytechnique.

Gayle Webster, an Ontario Provincial Police hostage negotiator from Barrie, will speak in the Sanctuary on Dec. 6 about her own sexual assault experience. The Cambridge Women's Crisis

Services also plans to plant 14 rose bushes in recognition of the women, Kim Radigan, Conestoga College health, safety and environmental co-ordinator, told the meeting.

The roses will be planted near the college's pond towards the end of November.

The Women's Crisis Services chose Conestoga College for the location because the deaths happened at a technical college, Radigan said.

In other business, resource group members discussed plans for human rights and sexual assault training, which was partly prompted by an article published on Nov. 8 in Spoke.

The seven people in attendance discussed plans to examine a program about confronting people and being confronted in harassment situations that was developed by Sault College faculty in Sault Ste. Marie.

Debra Croft, manager of human resources, said Conestoga College faculty need specific tools in dealing with harassment and rights issues and she would like to see

training made mandatory. Radigan said she will meet with the crisis conduct management group to see what kind of sexual harassment training will be recommended.

The training will be partly funded by the women's resource group.

The group also heard that talking Labatt Blue advertisements, which had been placed in the C-wing, recreation centre and cafeteria washrooms, had been taken down.

The ads were triggered by motion and played various answering machine messages.

They had been put up without permission and were removed after several group members complained about them.

Celebrating Women at Conestoga College, an annual event, is being organized for March 7 at the college's Waterloo campus.

The group collaborated on ideas for entertainment and decided to ask a local Sweet Adeline quartet to perform.

More details will be finalized at the Women's Resource Group's next meeting on Dec. 7.

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FALL 1999

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TOPIC	DATE	TIME	ROOM
TIPS ON MAKING PRESENTATIONS	MON. NOV. 1	11:30 - 12:30	3A620
	THURS. NOV. 4	12:30 - 1:30	1D17
STRESS MANAGEMENT	WED. NOV. 23	3:30 - 5:00	2D16
PREPARING FOR FINAL EXAMS	MON. NOV. 29	11:30 - 12:30	3A620
	THURS. DEC. 2	12:30 - 1:30	1D17
	WED. DEC. 8	12:30 - 1:30	2A411

THE FOLLOWING WILL BE CONDUCTED IN A DISCUSSION AND NETWORKING FORMAT. IF YOU HAVE ANY QUESTIONS, PLEASE COME TO STUDENT SERVICES.

- GAY, LESBIAN, AND BISEXUAL DISCUSSION AND NETWORKING
-Please see Barb Kraler in Student Services
- MULTICULTURAL STUDENT SUPPORT GROUP
-Sign up in Student Services -Room 2B02
-Please see Lynn Robbins or Shawna Bernard in Student Services for more information

Blowing a lot of smoke



Larry Dunn, an Aluminum Awning company installer, screws bolts into the 1.2-metre long smoking awning outside the Doon cafeteria.
(Photo by Anna Sajfert)

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News

Hard work recognized

Story and photos
by Anna Sajfert

Four Conestoga College employees received the Employee Recognition Award for their long-term contributions to the college community at a Nov. 3 reception at Doon campus.

Marcella Giasante, a receptionist in the school of health sciences, won in the team spirit category.

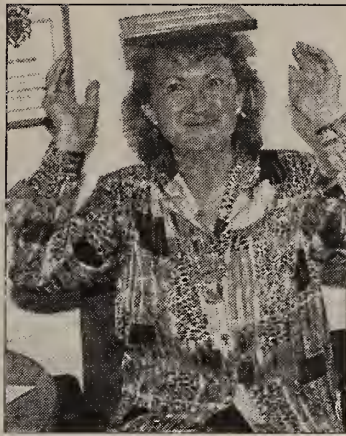
Giasante moved from Toronto to Kitchener nine years ago and came to Conestoga in 1994. She said the award reflects her cordial personality.

"I'm outgoing and helpful (with the students and faculty)," she said. The award was a complete surprise, Giasante said.

"It was very flattering," said Giasante, whose job at the college began as a work placement through a training academy from Toronto. Giasante said she most enjoys the intercommunication her job permits and the variety of tasks it demands.

Giasante said as a little girl she aspired to journalism but never pursued it for fear her writing skills were inadequate. She added she doesn't plan on pursuing a different career direction because she has two teenagers who will be entering post-secondary studies in a few years.

Jay Moszynski, professor of business administration management studies, won in the student life category for establishing and promoting a student chapter of the Canadian Institute of Management.



Marian Mainland

"I left the auto industry, where I worked as a senior manager, because I wanted to share my experience and knowledge with the students," he said. "Hopefully they learn from my experience and couple it with theory."

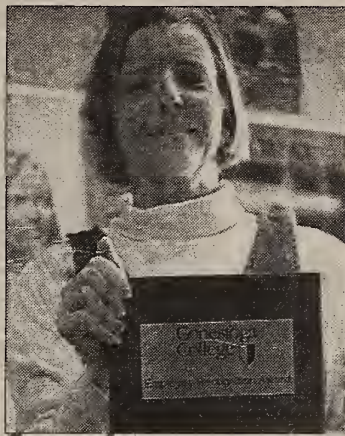
Upgrading skills has always been a must, said Moszynski, who has a master's degree in business from the University of Michigan and a degree from Wilfrid Laurier University.

He also has a professional designation certificate from the Canadian Institute of Management from the University of Waterloo.

"The work is both honouring and high pressure and the challenge is to stay current," he said.

After having taught for 19 years at Conestoga, Moszynski said he doesn't think he would want to exchange his teaching job for a position in the industry.

"I really love being with the students," he said. "They keep (me)



Frances Painter

on (my) toes because they are demanding."

Frances Painter, co-ordinator of the general art and sciences program and professor in mathematics and chemistry, won in the community involvement category for her work with the United Way, development of educational technology opportunities and organizing the college's convocation ceremonies.

Painter, who has been with Conestoga for 12 years, said she delights in her job because it allows her to impact on students' lives.

"The irony of the Employee Recognition Award is that I was on the original committee, but had no idea that I would win," she said.

Painter, who graduated from Queen's University, is currently working on her master's in science and teaching from the University of Waterloo.

Marian Mainland, co-ordinator of the special needs office and Learning Opportunities Project,

won in the innovation category for the development of the project proposal and for development of community links for students entering college and for students entering employment after college.

"Had it not been for the staff at the office, I could not have completed the project," she said. "The award was nice but I would have liked a department award rather than an individual award."

Mainland came to Conestoga 15 years ago from K-W Hospital where she worked as a psychologist.

Sports Coverage
Page 11

Volunteers Needed

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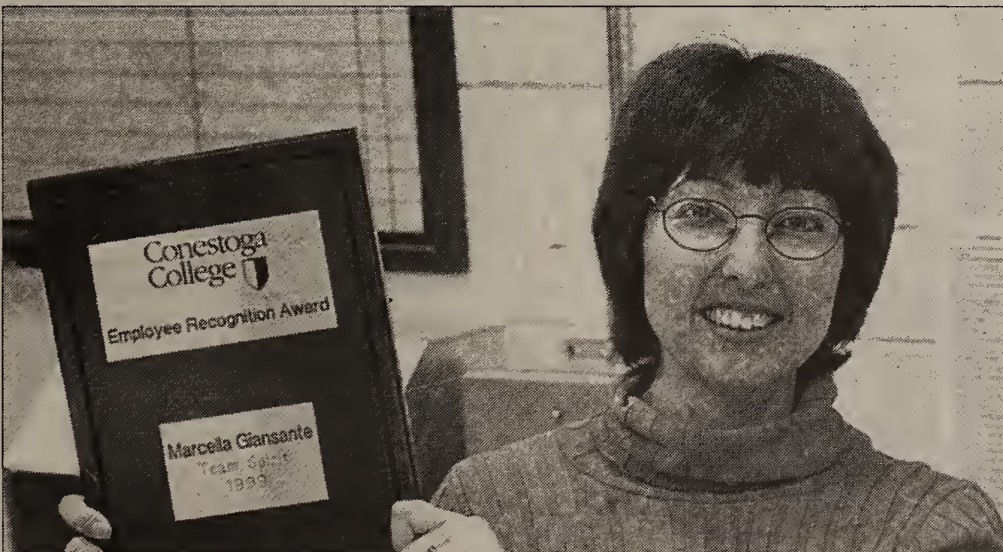
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Discrimination can't be tolerated

Harassment of a lesbian student and the defacing of posters protesting violence against women have caused concern about discrimination at Doon campus.

A former woodworking student said fellow classmates harassed her because of her sexual orientation.

She said the harassment occurred in the classroom and faculty did very little to stop it.

The face of an abused woman on two posters dealing with violence against women was defaced twice in two days.

Neither incident should have happened. It is clear that there are harassers and misogynists on campus. It is also probable that other forms of discrimination are occurring.

Conestoga has a policy entitled The Protection of Human Rights. Under that policy every student has a right to equal treatment and freedom from harassment or discrimination because of sex, sexual preference or orientation, race, ancestry, place of origin, colour, ethnic origin, citizenship, language or dialect, religion, disability, age, family status, marital status, criminal offences or the receipt of public assistance.

The college has a procedure to resolve harassment and discrimination complaints.

The procedure has four stages. In stage one the student who has a complaint should, where possible, discuss the complaint directly with the person whose behaviour is found to be offensive.

In stage two the human rights consultant will assist the process of bringing the two parties to a mutual understanding of the situation and a satisfactory result. (Experience indicates that most complaints are resolved at the first or second stage.)

In stage three the complaint is investigated through interviews and the gathering of evidence and a report of the findings is prepared.

In stage four there is an investigation report or decision-making hearing where a panel of three individuals is appointed for an adjudication hearing. The panel submits its report to the president of the college, who will make the final decision as to the resolution of the complaint.

Individuals in authoritative positions should be trained in dealing with conflict resolution and difficult situations within the workplace and school environment.

Many Conestoga managers and faculty members, however, have not yet received the required training this year, but will receive it in the new year, according to Debra Croft, human resources manager.

The training is not part of Conestoga's union contracts because it is seen as an issue for individual colleges, said Croft.

Training on techniques to deal with legal issues in human rights is required to take place every two to three years.

Croft said training is offered in regular intervals because people need to be reminded. She said training is offered to everyone, but is primarily for managers and faculty because they are in a position of responsibility and they administer the human rights policy.

Students should feel safe walking down the halls of their school. Schools are a place for learning and growing. Harassment stops that process.

Conestoga College should investigate the claims of the former woodworking student.

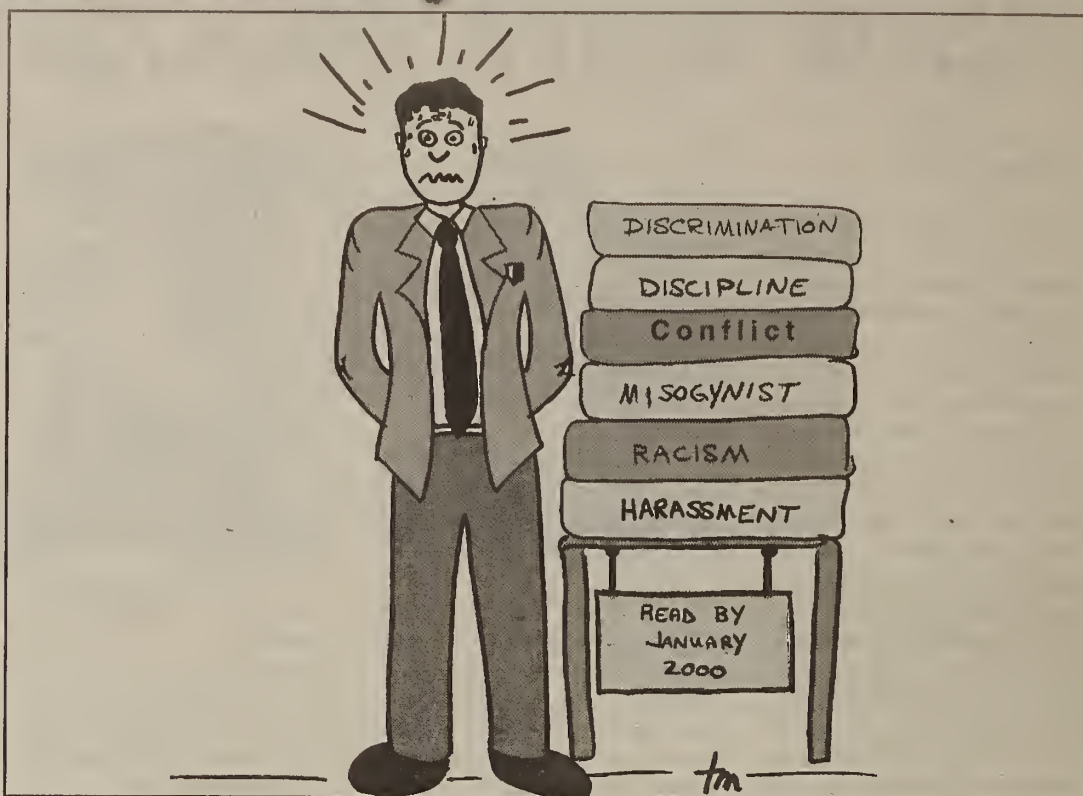
Conestoga should also look at how it will educate administration, faculty, staff and students so they are informed about discrimination, what it is, how to recognize it and what they can do to prevent it and stop it if it occurs.

Every situation should be taken seriously. None should be pushed aside.

A school should not accept, tolerate or overlook discrimination. It should not be excused or ignored.

These responses will not stop discrimination and will send the message that these attitudes are accepted and tolerated by the school.

When a school makes it clear that discrimination will not be tolerated and trains its staff and students to respond appropriately when harassment occurs, students will see the school as a safe place where everyone can learn.



Government denying Innu

A British human rights organization has issued a report accusing the Canadian government of destroying the Innu way of life and driving the Innu to suicide.

The report, entitled Canada's Tibet, the killing of the Innu, says the suicide rate for Canada's Innu is the highest in the world. One out of every 562 Innu people take their own lives compared to one out of every 7,000 Canadians.

Ironically Napas Asini, an Innu slated to speak at the news conference releasing the report, learned that his own 15-year-old son had killed himself that day in Labrador.

The report also compares Ottawa's treatment of the Innu to China's brutal crackdown on the people of Tibet and alleges that the government is wilfully eliminating the Innu.

The report recommends that Canada halt all industrial development like the Voisey Bay nickel mining project until the federal government recognizes the Innu own their lands and natural resources. It also recommends that the Innu be given the right to determine how their land will be used and that Canada recognize the Innu have the right to take control of their lives and institutions.



Anna Sajfert

Instead the government wants the Innu to accept the Trans-Labrador road, the Voisey's Bay mine, the Lower Churchill Falls hydro-electric scheme and the military low-flying projects, abandon their nomadic life and adjust to the modern world. The government wants the Innu to live under the supervision of Roman Catholic priests, whose missionary work with Innu children turned into physical and sexual abuse, and relocate from Davis Inlet.

Canada's treatment of the Innu is a national disgrace and now the entire world knows.

Prime Minister Jean Chretien's response to the breaking news was that the federal government has been generous with Canadian Indians.

Generous with ... whom?

Chretien's government hasn't even given the Innu First Nations status as defined by the Indian Act.

Indian Affairs rejected a plan Nov. 9 for Labrador Innu to become status Indians which would mean Ottawa would become responsible for funding social programs like health and education.

The premier of Newfoundland and Labrador, Brian Tobin, rejected allegations that there is a deliberate policy to harm the Innu.

Unlike China, Canada has a more civilized method of exterminating a nation. Although the government's power doesn't grow out of the barrel of a gun, it grows

from 200 years of hatred toward the First Nations, when the European settlers brutally suppressed them, took their natural resources and stripped them of their rights.

This tyranny definitely begs the question, Is the Canadian government trying to eliminate the Innu?

Carol Musgrove, director of the Weejeendimin Native Resource group in Kitchener, said the issue has grown immensely and she can't foresee a solution.

"It's sad that the United Nations had to reprimand and warn Canada to look in its own backyard," Musgrove said. "The government must start to grant land rights to First Nations."

This isn't the first time Canadians have been warned about the high suicide rate among aboriginal people.

A Royal Commission called attention to the Innu situation and the Canadian Human Rights Commission has warned that Canada's treatment of its indigenous people is the country's most serious human rights problem.

The latest federal-provincial Report on the Health of Canadians, released in September, stated that suicide among First Nations people is two to seven times more frequent than in the population at large. Yet the government does little.

What is it going to take for the government to act?

O Canada, why are you doing nothing while the country loses its native identity?

SPOKE

Keeping Conestoga College connected

SPOKE is published and produced weekly by the journalism students of Conestoga College.

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Doon Student Association meets with OCCSPA

By Anna Sajfert

Doon Student Association president Ellen Menage and Mike Harris, DSA vice-president of education, presented Conestoga College's top issues before Dianne Cunningham, minister of Training, Colleges and Universities, at the Ontario Community College Student Parliamentary Association conference in Toronto Nov. 13.

The first issue on the agenda was tuition hikes.

Menage said the DSA's strongest

argument on the subject of tuition increases was that students are receiving a delusional message about the post-secondary school afterlife.

"The tuition debt is so big that the grads can't afford cars or houses with their post-secondary education," she said. "But they are told they need it if they want to have a good life."

The DSA said the average amount of debt incurred by college and university students is \$25,000.

They added that an average college or university student must pay \$310 a month to redeem the \$25,000 debt in 10 years. At the 8.5 per cent student-interest level the student will pay a total of \$37,000.

At the Nov. 16 DSA executive meeting, Patty Stokes, entertainment manager, joked about the aftermath of graduating with a heavy debt.

"Maybe we should move to the U.S. and change our identities," she said.

Another topic discussed at the

association meeting was the issue of granting applied degrees in certain programs at Conestoga College. This subject received positive feedback from other Ontario colleges, Menage said.

"There were some concerns from some student governments about the accessibility of applied degrees (at other colleges)," she said.

Harris, who is also chair of the association's issues and management committee, said the concern existed mainly because other student governments weren't as well

informed and educated on the issue as the DSA.

Menage said Cunningham made a casual reference on the subject of applied degrees when she told the association that college students do need to be given proper credit for their work.

"(Cunningham) definitely knew it was one of Conestoga's priority issues," she said. "Our presentation of the issues was definitely heard by Ontario. The conference was productive and the money was well spent."

Letters to the Editor

Dean defends police officer

With regards to the article, Cop parks illegally at Doon in the Nov. 1 issue of Spoke, I wish to go on record and clarify a few points.

First, under the agreement the college has with Guelph Police Services, the officer was never required to pay for parking services, or any other services, while teaching in the Police Foundations program. Secondly, the lack of a parking decal was an oversight of college personnel and not of Const. Doug Phlug.

It would have been more important and newsworthy to stress the unique contributions that Doug Phlug has been making to the college and the program by using one of his days off to teach our students.

Joe Martin,
Dean of Applied Arts

Student revolted by story content

I am writing this letter regarding the article published in Spoke on Nov. 8 entitled, Woodworking student harassed. I was not only surprised to see an article based on homosexuality in the school newspaper but revolted by its content!

Don't get me wrong. I am totally against any kind of discrimination towards gays and lesbians. The reason for my reaction was that even though someone formally complained to the dean of students,

nothing was done. Facing the same issues myself, I wonder how I would deal with the harassment if it ever happened.

I came to Conestoga with an open mind, understanding that being gay was not accepted by everyone and respecting the fact that people can have their own opinions, but pushing someone away from their field of study for those reasons is beyond my understanding.

I am not claiming that Raine Okum dropped out of school due to the abuse; in fact I don't even know her. Yet I believe that any kind of derogatory remarks about her sexuality was unasked for and would not help her in any way in her studies. It could only push her away from the college community. What I am trying to understand is the lack of action from some of the faculty members, namely Peter Findlay, one of Okum's instructors, and Mike McClements, dean of technology.

I cannot understand why nothing was done; the complaint was made to both of them. Mr. McClements' position is to ensure students have a proper learning environment but was Raine's learning environment proper? I don't believe so.

Quoting from the 1999-2000 student procedure guide, "The right to be secure from harassment, including sexual harassment defined as: A) vexatious comments or conduct that is known or ought reasonably to be known, to be unwelcome (i.e. sexual remarks, allegations or physical contacts that are degrading)"

Isn't that what Raine was asking for? Was that too much to ask

from a community college where all students are considered adults? She was harassed by a student in her class, complained to the dean of technology and nothing was done or should I say, nothing was effectively done since, the situation did not improve.

What I would like to see is someone stand up for their rights and show everyone in the college com-

munity that any kind of harassment, being sexual, racial or any other, is totally unacceptable and will no longer be tolerated.

I sincerely hope that something will be done in order to have the situation rectified. For a school that I started to believe in, I must say I am disappointed.

Name withheld by request

Classified

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Board of Directors Meeting

4:30pm

Wednesday November 24

The Cross Roads
Meeting Room



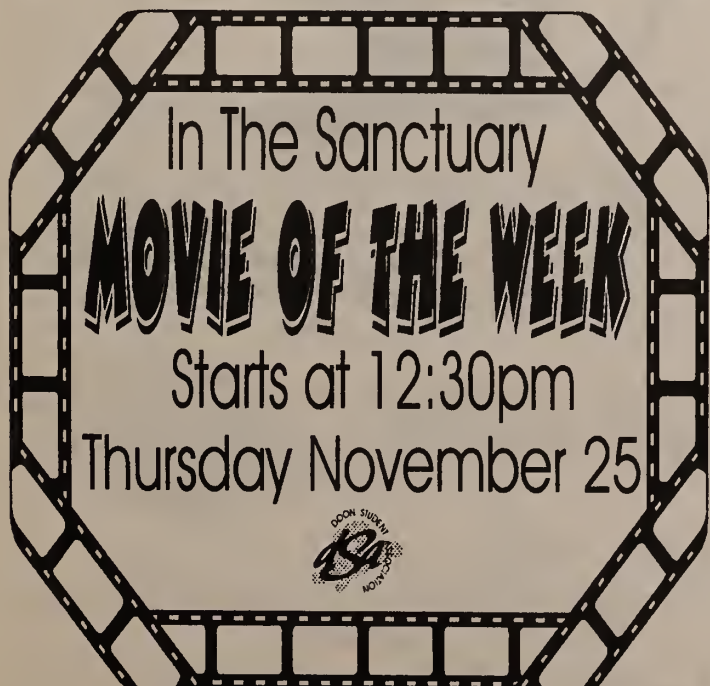
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Student Life

Student wins merit scholarship

By Walerian Czarnecki

A first-year recreation and leisure services student is one of the first to receive an entrance scholarship under the Garfield Weston Merit Scholarship for Colleges, a program of the Canadian Merit Scholarship Foundation.

Leah Smith, 18, a graduate of Waterford District high school, received the scholarship, which is being awarded for the first time.

The scholarship benefits students who would not otherwise receive recognition for the work they have done in their communities.

"It's an excellent opportunity," said Smith. "I was having a lot of financial trouble and I didn't know if I was able to get to college or not."

Smith was recognized for her academic work and for her work in the community, which included part-time work at the Golden Pond

Retirement Home and her volunteer work in connection with Ontario Students Against Impaired Driving.

Smith gave speeches and worked for the student organization while attending high school. She also helped children do a float for Waterford's Pumpkinfest.

essays that students submitted, 12 students were granted the national awards of up to \$4,000 for three years. Fourteen were granted regional awards of up to \$1,000 and nine were granted provincial awards of \$500.

"I didn't think I got it because they didn't contact me right away, but then I got a phone call that said I won \$500," she said.

Smith has also received other scholarships. At her commencement, she received a teacher's bursary of \$450 and other bursaries totalling \$500. She also worked to earn more money for college.

"I was working and I didn't spend anything so I could come to college," said Smith.

The recreation and leisure program has helped Smith overcome shyness and develop skills that will assist her when working with kids.

"I love working with children," she said, adding she's learning a lot at the college.

"It's an excellent opportunity."

*Leah Smith,
scholarship recipient*

"I was at an elementary school, and I was a teacher's assistant doing music, helping out in the library and doing reading with the children that have special needs," she said.

A total of 150 Ontario secondary school students applied for the scholarship. Following assessment of the applications and



Leah Smith, a first-year recreation and leisure services student, was one of the first to receive a Weston Merit scholarship.

(Photo by Walerian Czarnecki)

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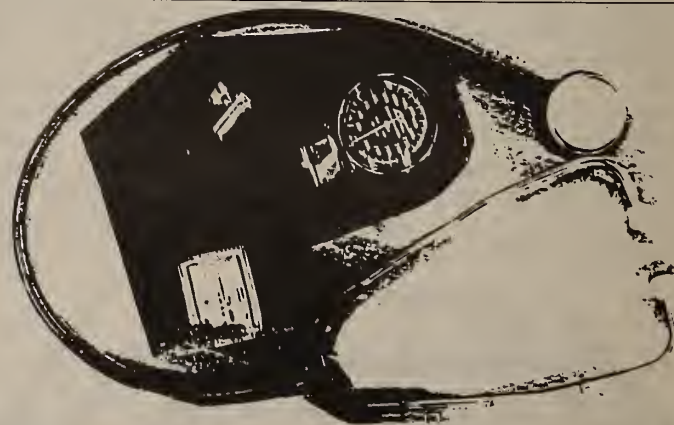
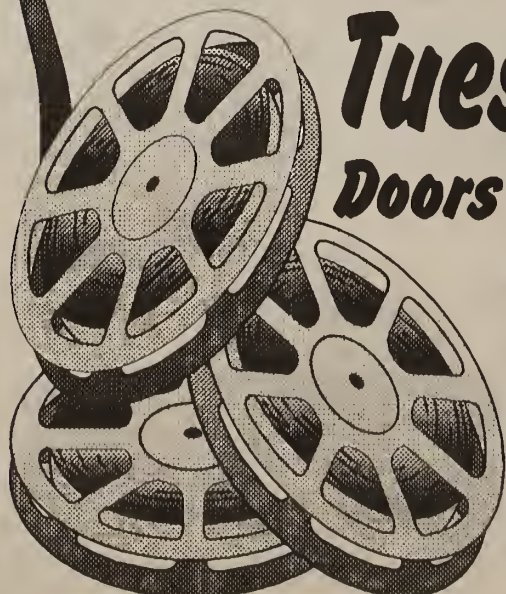
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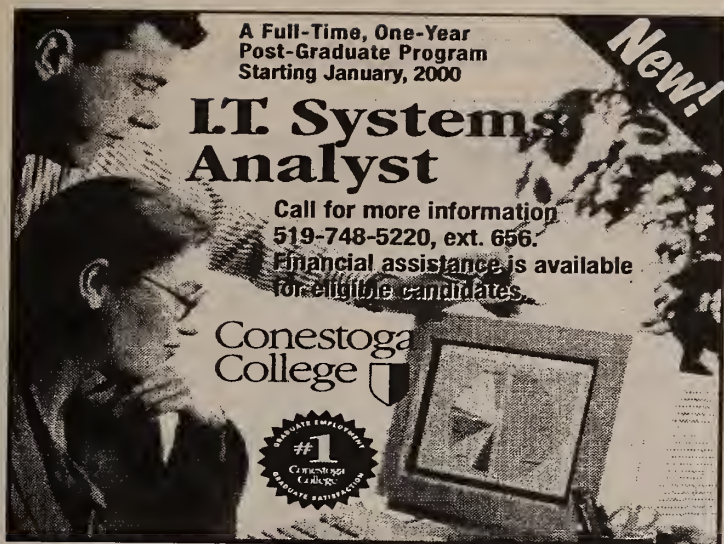
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COUNSELLOR'S CORNER: Stress and Stress Management Part 1: What is Stress?

Stress has become part of our everyday vocabulary. Why write a column on stress when everyone deals with it daily? Since stress is misunderstood and mismanaged, let's start with understanding. Stress denotes the changes that we undergo as we experience and adjust to our continually changing environment. It has physical and emotional effects on us and can create positive or negative feelings. As a positive influence, stress creates anticipation and excitement and can compel us to action (remember that clutch single that won the T-ball game for your team?). As a negative influence, stress can result in discomfort, anger and rejection, with health problems such as headaches, upset stomach and insomnia.

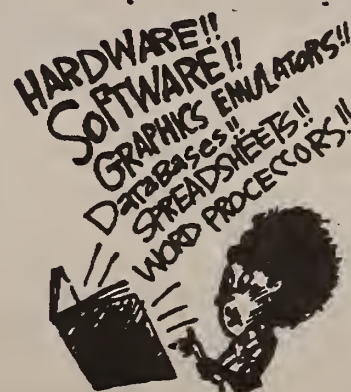
Although almost everyone responds to some situations with a high level of stress (death of a loved one, birth of a child, beginning or ending a relationship), individuals respond differently to most situations. These become stressors for an individual only if they are construed as threatening or dangerous. Most of us cringe at the thought of having to parachute from an airplane; some find it a challenge. Most of us avoid contact with snakes. Others keep them as pets. Most of us experience anxiety at the thought of presenting in front of a class, and while some will do anything to avoid it, a few get totally turned on.

The goal is not to eliminate stress but to learn how to manage it and even use it to help us.

Next week: Coping with Stress

A Message from Student Services (Room 2B02)

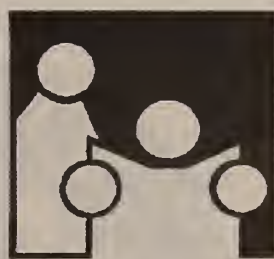
NEED A TUTOR!



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Register at the DSA office.

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By Anna Sajfert

Demand for the general education development certificate, which is an equivalent of a secondary school diploma, has increased dramatically this year.

"It has blown out of the water," said Marilyn Haflam, co-ordinator of the literacy basic skills program at Conestoga College's Stratford campus.

Registration for the pre-test to qualify for the academic training for the certificate at the Stratford campus has attracted more than 50 individuals since January compared to only two in 1998, she said.

"The pass rate at the Stratford campus is 100 per cent," Haflam added.

According to the Ministry of Training, Colleges and Universities, the pass rate of certificate exams in Ontario is 74 per cent and 12 per cent higher than the national average.

Conestoga College's admissions office accepts the certificate instead of an Ontario Secondary School Diploma in certain programs.

The certificate was first introduced in the U.S. during the Second World War for people

who were too old to attend high school but wanted the credential.

The certificate was first introduced in Ontario in 1995 and approved in 1996. All Canadian provinces and territories, except Quebec, offer certificate testing.

The academic training runs for six months and the exam is seven hours long.

The academic training runs for six months.

There is a \$50 fee for the exam registration and a \$79 charge for the pre-test, said Donna Voisin, office supervisor in the continuing education department at Waterloo Region District school board.

There are many American companies in Stratford who accept the certificates and encourage job candidates to have a high school equivalency credential, said Haflam.

Correction

In the Nov. 15 edition, Spoke spelled Micheal Grace's name incorrectly in a page 2 article. We apologize for the error.

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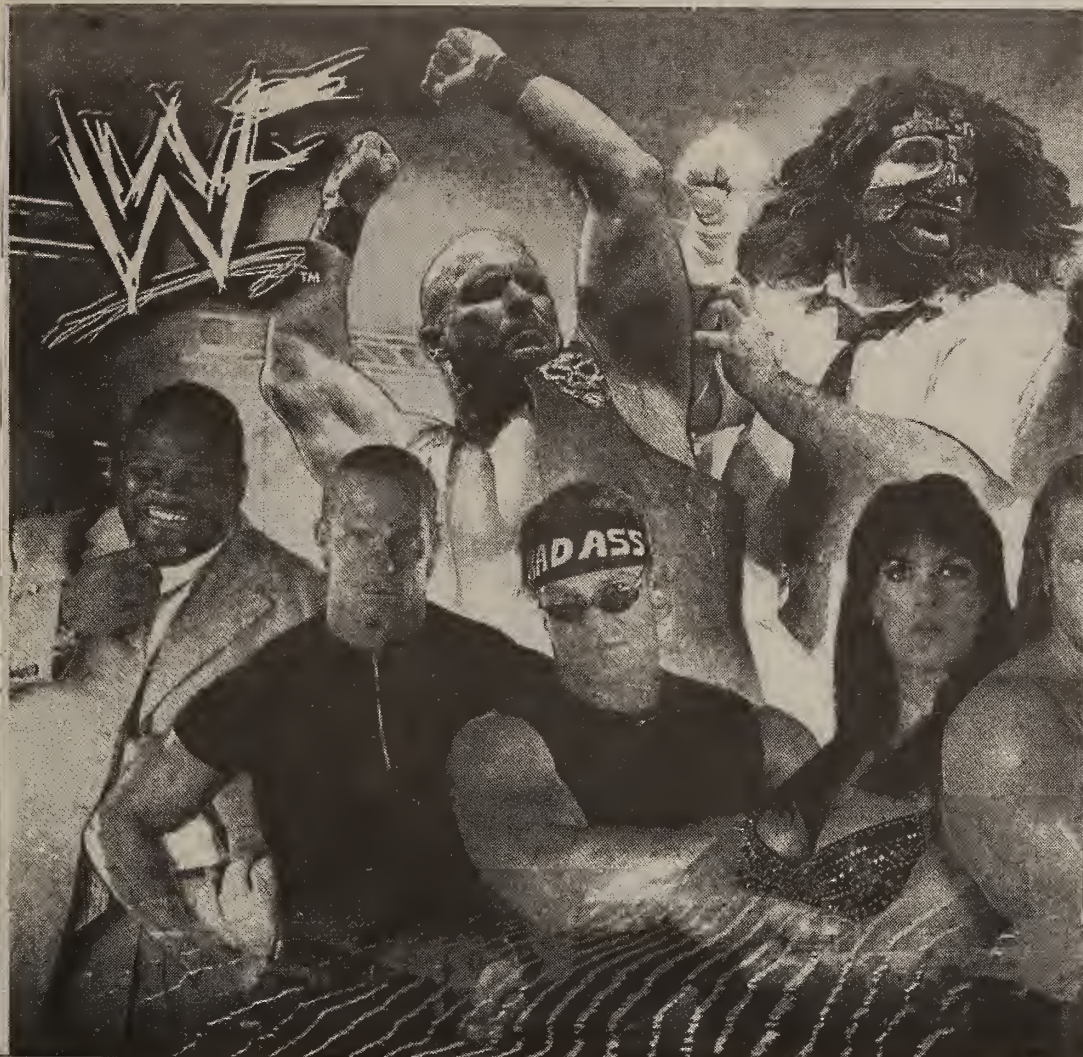
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CD art

WWF CD a smash

Wrestling fans are sure to love 14 theme songs

By Adam Wilson

Over the last four years, professional wrestling has become more popular than ever before. With its jump into the mainstream media, it seems only natural that the World Wrestling Federation would begin releasing products like home videos and CDs.

The WWF has released their fourth disk entitled WWF The Music: Volume 4.

The 14 songs on the disk are all entrance theme songs for some of today's biggest wrestlers such as Stone Cold Steve Austin, The Rock, Mankind and Chris Jericho.

Of the 14 songs, only two are weak. Mark Henry's song, Sexual Chocolate, and Billy Gunn's tune, A**man, are both annoying as well as two of the worst theme songs of all time.

The other 12 make you want to sit down in front of the TV and watch Monday Night Raw.

The standouts include Chris Jericho's Break Down the Wall,

which was rumoured to have Kid Rock on lead vocals, Christian's Blood Brother, Mankind's new theme song Wreck and a new Stone Cold entrance song called Oh Hell Yeah, performed by H-Blockx.

On the whole, the CD is decent with many songs that could get you pumped up to watch wrestling or to listen to while you're playing wrestling video games.

The biggest problem with this CD is that it can get annoying after constant listening. Since the album only features wrestlers' entrance themes, there aren't many lyrics in any of the songs, and the music tends to repeat itself throughout the song.

When you watch wrestling, you only get to hear about 30 to 45 seconds of someone's song as they come out to the ring. On the album, none of the songs are under three minutes long.

On the whole, I would only rec-

ommend this disk to big-time wrestling fans who can't get enough of the sport. If you like wrestling, but aren't sure about the CD, borrow it from a friend.



Rudolph the red-nosed Greyhound?

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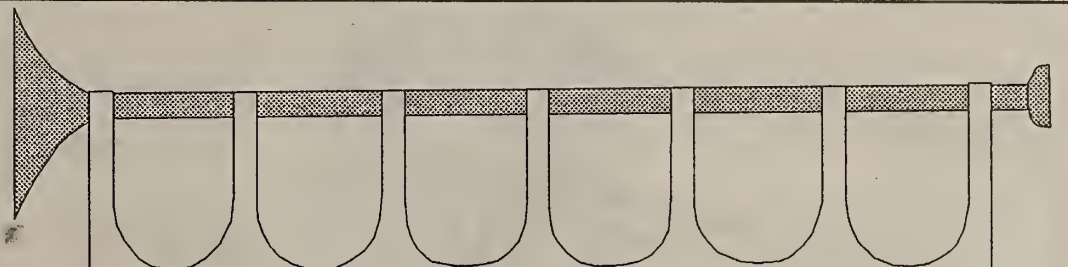
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In the Sanctuary



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Peer Services
Supported by Doon Student Association

PREPARING FOR FINAL EXAMS WORKSHOPS



Need help with developing a study plan, devising a system for reviewing, or learning strategies to increase exam performance? Come to one of the following workshops.

Date	Time	Location
Mon., Nov. 29	11:30 – 12:30 P.M.	Room 3A620
Thur., Dec. 2	12:30 – 1:30 P.M.	Room 1D17
Wed., Dec. 8	12:30 – 1:30 P.M.	Room 2A405

Workshop Facilitator: Shawna Bernard

No registration is required for these workshops. If you have any questions, please drop by Student Services in Room 2B02.

And the Donor Prize winners are

Wendy Charlesworth - Trish Romance Print
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Jacqueline Williamson - Icon Photography Portrait Sitting
Robert Wall - CKGL-AM Hot Air Balloon Ride



Judy Hart - Sharp Electronic Organizer
Susan Kellock - Home Depot Gift Certificate
Kevin Mullan - Home Hardware Gift Certificate

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Condors escape from the Sting

Team ties after slow start

By Adam Wilson

The Condors men's varsity hockey team made a miraculous comeback to earn a hard-fought tie with the Seneca Sting on Nov. 10 at Conestoga College.

The Condors and the Sting battled to an 8-8 tie after 60 minutes of play plus overtime.

The first period started off quickly as the Condors' Kyle Boulton scored 1:55 into the game, but the team fell apart after that.

"We played great for 40 minutes," said Ken Galerno, head coach for Conestoga.

"The first 20 minutes weren't very good."

After Boulton's goal, the Sting went on to score five unanswered goals in the first, which resulted in goaltender Anthony Gignac being pulled with 1:59 to go in the opening period. Jamie Taylor took over in net for the remainder of the game.

Galerno said the team's first period weakness was their defensive zone coverage.

"With the way the scores are going in the league this year, the team with the early good defence will make the playoffs," he said.

Galerno said during the first intermission, the team decided they would play a 40-minute game and see where the score was when the buzzer sounded.

The second period started out in the same fashion with Seneca scoring two goals in four minutes making the score 7-1 for the Sting.

That's when the comeback began.

The Condors awoke and began to fly, scoring three goals in the second period to come within three of the Sting.

Darrell Woodley scored two of the three second-period goals while the third was scored on a slapshot by Matt Turcotte.



In the third period, Conestoga continued their rally with goals from Woodley, Ian MacDonald and Dave Stewart, who eventually tied the game at 9:05.

However, the Condors' rally was short-lived.

Seneca scored at 10:59 making the score 8-7, but Conestoga rebounded, tying the game once again at 13:02 on Woodley's fourth of the contest.

The game went to overtime but nothing was resolved and the game ended in an 8-8 tie.

Woodley, who is assistant captain, finished the game with four goals and one assist while Condors' captain Ian MacDonald had one goal and four assists.

Galerno said the team showed tremendous effort in the second and third periods and that some of the newer players in the lineup played great.

Rec centre cuts deal

But DSA still looking into fee complaint

By Nicole Furlong

Conestoga's basketball club, which is partially funded by the Doon Student Association, has been battling Conestoga's recreation administration who have insisted the club pay \$88 to use the recreation centre gymnasium on a weekend.

A group of Conestoga students formed the club called the Doon Diamonds in August.

They will play other recreational teams, such as fire and police department teams, during their season.

The Diamonds are playing one home game this season. All other games are away.

Aside from the cost of renting the gym, the Doon Diamonds also have to pay for referees, scorekeepers and timekeepers.

The average cost of a three-hour game adds up to about \$300.

These students pay the mandatory \$98.80 ancillary fee included in college tuition, which provides free access to the recreation

centre including the gym, squash courts and weight room, during school hours between 8 a.m. and 4 p.m. on weekdays.

Students are required to pay to use these facilities after 4 p.m. on weekdays and on weekends.

Ian James, manager of athletics and recreation, said he has accommodated the Diamonds for their scheduled Nov. 20 home game, by cutting the \$88 fee in half, and he has donated the gym for free since August for practice time.

"We have been flexible by giving them the gym," he said. "But on weekends we are encouraging community users."

Because student fees only cover about one-quarter of the recreation centres expenses, which cost \$1 million a year, James said the centre relies on money from rental of the facility to cover the rest of the cost.

"Athletic fees don't cover all of the money the recreation centre spends," James said, "so we set up community programs during

prime time to offset what we spend."

James said students are entitled to certain rights because they pay athletic fees, however, the recreation centre does have a policy.

James also mentioned students can use the centre's facilities for free on a drop-in basis provided the facilities are not already booked by a paying group.

While the DSA is appreciative of the centre's offer, DSA president Ellen Menage argues the hours of availability at the centre do not comply with students' schedules.

"Students are in class from 8 a.m. to 4 p.m.," said Menage who is concerned about the advantages for students if they can only use the rec centre during these hours.

She said the DSA will comply with the offer to cut the cost of the gym in half proposed at this time because it is better than nothing, but she said it is a matter the DSA will look into in the future.

For continued SPORTS coverage
read Spoke

20 STUDENTS TOOK OUR MONEY LAST SUMMER. AND WE'D LIKE TO NAME NAMES.

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